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# Fulton Advertiser, January 9, 1931

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# Trade With Your Home Industries and Make Fulton a Better Town

## FULTON ADVERTISER

Vol. 7 No. 8

FULTON, KY., JAN. 9, 1931

R. S. Williams, Publisher

### Thousands Are Returning to Work

From press dispatches we notice that various automobile manufacturers, railroads and other large industrial plants throughout the country are calling men back to work.

Assembly lines in the Ford Motor Company's River Rouge plant at Dearborn, Mich., and in 30 branch assembly plants throughout the country resumed operations Monday after a shutdown of two weeks for inventory. In addition the body assembly, enameling department and a part of the foundry machine shop began operations at the River Rouge plant. Other production departments will resume Jan. 12.

The Buick Motor Company also resumed production after an inventory shutdown and added 1,000 men to the force, bringing the total to 4,000.

The Olds Motor works are increasing its working force as well as other large manufacturing plants, giving work to thousands and thousands unemployed.

The St. Louis-San Francisco railway chose New Year's eve to announce that 2,000 mechanical department employees would return to work Jan. 2, adding \$350,000 a month to the company's payroll.

The Illinois Central System reopened their Paducah shops with several hundred men and all along the line additional forces are being added.

Indications now point to a revival of prosperity and when the millions of dollars begin to circulate from the National treasury better times will prevail throughout the nation.

#### BE CAREFUL

Right now the heating equipment in Fulton homes is working at its peak. That means that danger from destructive fires is greater than at any other season of the year. When January and February are over this danger will be minimized to a large extent—but there remain several weeks of fire on ahead. Almost every fire that breaks out in a home could have been prevented. In other words, fully 90 percent of them can be traced to carelessness or neglect in keeping fires, pipes and chimneys in safe and proper condition. Making the stove or furnace safe is the work of but a few minutes, and once it is in good condition frequent inspections should be made to see that it remains that way. Being burned out of house and home is bad enough at any time, but when such a calamity falls in the dead of winter it is terrible.

#### HOW TIMES CHANGE

There are still left around Fulton quite a few who can remember that along back 40 years ago beer was five cents a glass—lunch was free. Eggs were three dozen for a quarter, and milk was 3c a quart. The butcher gave liver for the cat and treated the kids to hologna. The hired girl was satisfied with a \$2 a week and did the washing. Women did not powder or paint, smoke, play bridge or bob their hair. The men wore boots, whiskers, chewed tobacco, spit on the sidewalk, worked eleven hours a day and never went on a strike. Kerosene lamps and photo albums in the parlor were luxuries. No one was operated on for appendicitis or bought monkey glands to restore their youth. The youngsters had some work to do, walked miles to school, wore cotton flannels, minded their parents and were satisfied with what they had. Folks lived to

a good old age, and when they did die an automobile had nothing to do with it.

But today it's different. Now everybody rides in autos or airplanes, play poker and bridge, shoot craps, play the piano with both feet instead of their hands, go to the movies, smoke cigarettes, drink "white mule," wear silks, "bellyache" about hard times and blame hard times on whatever party happens to be in power. They never go to bed the same day they get up, and yet think they're having a wonderful time. This is the age of telephone, telegraph, suffragettes, profiteers, gunmen, highjackers, boyish bobs, bootleggers, excess taxes, prohibition, step-ins and step-outs—and we think we're going some.

#### HERE'S THE REPORT

As we enter the new year it is interesting to receive a report from Uncle Sam covering the nation's crops in 1930. Everyone around Fulton has wondered just how serious was the drought, and the figures now at hand provide that information. The total value of all crops for 1930 is placed at \$6,274,824,000, or a decrease of \$2,400,000,000 from the 1929 figures. In other words, the crop was one-fourth smaller than the one for the previous year.

The report shows that yields averaged 5.4 below 1929, and below that of any recent year except 1921. In nearly the whole area north of the Ohio and Missouri rivers, except in Wisconsin, Minnesota and eastern No. Dakota, the yields were low. They were best in New England, in a few south-eastern states, in most of Colorado and Nebraska and in most of the area west of the Rockies. Wheat production was reported 5.2 heavier than in 1929, but the value of the crop decreased 39 percent on account of reduced prices.

Tobacco production was one percent under 1929, but lower prices reduced its value from \$283,000,000 to \$217,000,000, or 23 percent. Prices of live stock and live stock products were 18 percent lower than in 1929. The fact that the 1930 crop production was about 95 percent as large as in 1929 shows that, after all, it was not the drought that hurt as much as the worldwide decline in prices. The price average on December 1 was only 76 percent of the prices a year ago. Those are Uncle Sam's own figures, and they stand as official. So we must accept them, along with the hope that this new year will bring a brighter record.

#### Former Fulton Woman Dies

Mrs. Sara Elizabeth Noonan, formerly of Union City and Fulton died in a Memphis hospital. The remains were brought to Fulton Tuesday and taken to Rush Creek near Moscow, Ky., for burial. She is survived by her husband, Charles Noonan, and four children. Tom Bondurant of Hickman and Dutch Bondurant of Jordan, Ky. are brothers of the deceased.

While living in Fulton Mr. Noonan was proprietor of the mill on Walnut street, where Irby's drug store now stands and Mr. and Mrs. Noonan will be remembered by many of the citizens of Fulton who will be sorry to learn of Mrs. Noonan's death.

### What's It Going to Be?



### How To Save Money Easy

How to save money has always been an interesting subject to thrifty folk, and as we enter the new year and review the past it should be all the more interesting. Every day we meet some one in years past who held lucrative positions and today are out giving the distress signal, when a small sum invested in Fulton Building and Loan stock would have saved them money to meet present conditions and weather the storm of adversity.

There are numerous ways to save money, but the easiest way, to our thinking, is through the Building and Loan route, because the payments are small and the dividends large.

In one day last week the Fulton Building and Loan Association paid out fifteen thousand dollars to thrifty ones whose stock had matured. Were they happy? Well we should say Yes. It is almost an every day occurrence.

You, too, can experience this same kind of happiness if you want to save money and invest your spare change.

On ten shares of stock you pay \$6.00 per month for nine years and draw out \$1,000.00. Should you so desire you can borrow cash on said stock or build a new home or repair the old one, just as the case may be.

Give this matter of saving money serious thought. Act today—Buy Building and Loan Stock—Safe investment. Office on Main street.

**DUDLEY SMITH HEADS LIONS**

Friday was election day for the Lions Club, and the following officers were chosen for the ensuing year: Dudley Smith, president. Steve Wiley, first vice-president. Frank Beadles, second vice-president. Dr. J. L. Jones, third vice-president. Smith Atkins, secretary. Glenn Lane, treasurer.

Lawson Roper was elected as a member of the board of directors, one new member being elected each year.

Send The Advertiser to a friend one year—only \$1.00.

#### WEST KENTUCKY FINANCE CO. SENDS OUT DIVIDEND CHECKS

Stockholders of the West Kentucky Finance Company received dividend checks sent out by the company Jan. 1st, according to authorization of the board of directors. This local company is one company which has been able to earn a dividend even in the midst of the depression.

The annual stockholders' meeting will be held on Monday evening, January 12, at the office of the company on Commercial Avenue.

#### MUSIC DEPT. OF WOMAN'S CLUB MEETS JAN. 14

Misses Ruth Fields and Katherine Williamson will be hostesses to the Music department of the Woman's Club Wednesday, Jan. 14, at the home of Miss Williamson.

Miss Doris Huddleston will be the leader of a very interesting program of Swedish music, and will be ably assisted by Mrs. Chas. Brann, Mrs. H. F. Riddle, Miss Mary Follis and Miss Sara Butts.

#### WILLINGHAM BRIDGE NEWS

Mrs. Coston Sams and sons spent Tuesday with Mrs. Eugene Bondurant and children.

Mrs. Willie Jeffress spent Wednesday with Mr. and Mrs. Hayden Donoho.

Mrs. Tom Stallins spent Tuesday with Mrs. Elbert Bondurant.

Mr. and Mrs. Cliff Wade and children, Mr. and Mrs. Walter Corum visited Mr. and Mrs. Eugene Bondurant Tuesday evening.

Mrs. Willie Jeffress and Mrs. Herman Harrison spent Thursday with Mrs. John C. Lawson.

After spending the holidays with her parents and relatives Miss Laverne Burnett returned to school at Murray State Teachers' College, Sunday.

Mrs. Eugene Bondurant and children spent Friday with Mrs. Coston Sams and children.

Mr. and Mrs. Tom Stallins and son, Walton, ate dinner with Mr. and Mrs. Coston Sams Sunday.

#### JORDAN NEWS

The honor roll for the last six weeks are as follows:

Freshmen—Louise Shuck, Martha Lyle Shuck, Iris McDaniel, Bonnie Ward, Mack Burrow.

Juniors—Mary Francis Hardy.

Seniors—Maggie Lee Hardy, Blanche Stephenson, Barnard Evans, and Wilson Evans, Hessel Ward.

Mr. and Mrs. W. L. Jonakin spent the week-end in Water Valley visiting relatives.

Mr. and Mrs. W. B. Rice and children spent Sunday with Mr. and Mrs. G. W. Hardy and family.

Miss Hessel Ward spent the week-end in Mayfield with relatives.

Miss Mary Fleming spent the past week with Miss Myra Underwood.

Mr. and Mrs. Fred Olcott of Paducah visited Mr. and Mrs. Herbert Hardy Sunday.

Mrs. Charley Ferguson entertained a number of young people with a party new year's eve.

Mr. and Mrs. John Hughes and Mr. and Mrs. Naul Hammond and small son spent the day with Mr. and Mrs. Neal Samons, Sunday.

Misses Mary Fleming and Myra Underwood spent Thursday with Mrs. Floyd Hardy.

#### WAR ON THE BUS

The governor of Pennsylvania has come to the rescue of the little motorist in his state by declaring war on those big buses which go racing over the highways in excess of the 30-mile limit and are exceeding the size restrictions so as to hold more fares and hog more of the road. That sort of thing has got to stop, he declares. "It is becoming dangerous for the average motorist to operate a vehicle on the highways with the careless driving exhibited by some bus drivers," asserts the governor, which is no news at all to thousands of us who get out the modest car to take a little fresh-air spin on Saturday or Sunday. The fact is that states have been so anxious to encourage better transportation means that they have neglected to draw any lines as to where the good should commence and the bad should end. The bus operators started with a little piece of string and now "they're flying a kite." It is to be hoped that other governors join with Pennsylvania's chief executive in demanding

relief. It has to come, and the sooner it comes the better for everyone.

#### GREAT REVIVAL MEETING IN STORE FOR UNION CITY

Baptists of Union City are making special preparations for the revival meeting to be held in that city at the Baptist church beginning January 19. The Rev. M. E. Dodd, former pastor of the Fulton Baptist church and now pastor of the Shreveport, La., Baptist church, will do the preaching. Many will attend the meeting from this city and surrounding country.

Dr. Dodd is a fluent speaker and we predict a great revival during his visit to Union City.

#### Brieflets

##### BRIEFLETS

Maybe the reason why the old family album went out of style in Fulton homes was because the truth was beginning to hurt.

About the only time a small boy likes to have a cake of soap in his hands is on Hallows'en.

Dents in the back of a car don't necessarily indicate that the owner is a careless driver. He may be a careless backer.

Wonder what ever became of the old-fashioned Fulton man who always carried his chewing gum beneath the lapel of his coat?

Maybe the reason some people do not believe in hell is because so many substitutes for it right here on earth.

Married life would be more of a success if so many women didn't think their husbands got better wives than they deserve.

The happiest men in Fulton are the ones who always live up to the law and down on their incomes.

Of course Adam and Eve led a primitive kind of life, but they at least had this advantage—they never went into debt on account of trying to keep up with their neighbors.

Heaven for a pedestrian will probably be a place where all vehicles will have to have square wheels.

A good paint job will make anything in Fulton look as good as new except a woman who has passed fifty years.

Nothing could be more dangerous this day in time than an "oiled" motorist driving on an oiled road.

The principal difference between a regular goat and a Wall Street goat is that the former knows how to use its head.

One domestic tragedy that no longer occurs to Fulton husbands is that of getting a hand tightly stuck in a lamp chimney while cleaning it.

If Sampson were living today and tried to get away with two columns he'd find that he had to pay the regular advertising rate for them.

It is all right to put your foot forward, unless you put it on the foot of somebody else.

About the only time some Fulton women listen to what their husband has to say is when he talks in his sleep.

Another popular method of farm relief is filing a \$200 claim with a railroad that has killed a \$50 cow.



## Start the New Day Right With An Appetizing Meal

By JOSEPHINE B. GIBSON  
Director, Home Economics Dept.,  
H. J. Heinz Company

PHYSICIANS long have stressed the importance of a good breakfast. There is such a lengthy fast between this meal and the dinner of the night before that the body needs food. And an inadequate breakfast makes for ragged nerves and lessened efficiency.

If one does not care for breakfast, the trouble usually will be found to lie in the monotony of breakfast menus. So let's put the sunshine and hope of a new day into every one of these important meals!

Below you will find listed a number of menus and recipes that are easily prepared, and that are sufficiently varied to interest even the most jaded breakfast appetite.

### BREAKFAST MENUS

Orange Juice or Steamed Peaches  
Breakfast Wheat      Tom Milk  
Grape Jelly      Hot Rolls  
Coffee

Rice Flakes with Steamed Peaches  
and Cream  
Broiled Ham or Breakfast Sausages  
Hot Muffins      Pure Apple Butter  
Coffee or Milk

Breakfast Betty with Cream or Milk  
Scrambled Eggs      Surprise Muffins  
Coffee or Milk

Tomato Juice  
Fried Breakfast Wheat Mush  
Crisp Bacon  
Coffee or Milk

Breakfast Betty: Heat Rice Flakes in oven. Have ready hot apple sauce, mashed prunes or apricots, or other thick fruit sauce. In a serving dish alternate three layers of Rice Flakes and two of the cooked fruit. Serve warm with cream or fruit juice.

Rice Flake Muffins: 1 cup Rice Flakes, 1/2 cup sugar, 1/2 cup milk, 1/2 cup flour, 1/2 cup egg, 1/2 cup butter, 1/2 cup baking powder, 1/2 cup salt. Mix and sift flour, sugar, baking powder and salt. Beat egg yolk thoroughly, add milk, and then add to dry ingredients, beating thoroughly. Add melted butter and fold in stiffly-beaten egg white. Add Rice Flakes and bake in a hot waffle iron.

Fried Breakfast Wheat Mush: Allow cooked Breakfast Wheat to set. Cut in slices, fry in a small amount of butter to a golden brown and serve with maple syrup or Pure Apple Butter.



In well buttered muffin tins. This recipe makes eight large muffins.

Surprise Muffins: 1/2 cup sugar, 1/2 cup milk, 1/2 cup flour, 1/2 cup egg, 1/2 cup butter, 1/2 cup baking powder, 1/2 cup salt. Mix and sift flour, sugar, baking powder and salt. Beat egg yolk thoroughly, add milk, and then add to dry ingredients, beating thoroughly. Add melted butter and fold in stiffly-beaten egg white. Add Rice Flakes and bake in a hot waffle iron.

Rice Flake Waffles: 1/2 cup sugar, 1/2 cup milk, 1/2 cup flour, 1/2 cup egg, 1/2 cup butter, 1/2 cup baking powder, 1/2 cup salt. Mix and sift flour, sugar, baking powder and salt. Beat egg yolk thoroughly, add milk, and then add to dry ingredients, beating thoroughly. Add melted butter and fold in stiffly-beaten egg white. Add Rice Flakes and bake in a hot waffle iron.

Fried Breakfast Wheat Mush: Allow cooked Breakfast Wheat to set. Cut in slices, fry in a small amount of butter to a golden brown and serve with maple syrup or Pure Apple Butter.

## The Cottage by the Sea

By DOROTHY DOUGLAS

(Copyright)

RONALD, his long legs perched comfortably on the wide ledge of the veranda among his sister's pet flower pots, finished reading the news in his paper and then turned half idly and half seriously to the advertisement headed "Beard Wanted."

"Ronny! If you kick any of my pink geraniums off the ledge and into the sea you will most certainly have to retrieve them and the water has the snappy temperature of Iceland today."

"I say, Sis, this sounds rather good—almost as if the chap knew how hard up we are and wanted to come to us. Wants a room overlooking the sea in which he can sleep during the day. He's a newspaper man—night worker, and his sleeping time is from ten in the morning until six in the evening. That would suit us beautifully, and he will pay ten bucks a week."

"Great head," snorted Ronny, but as a matter of fact he felt he could welcome the pabum of a man at times. He painted so furiously during the day that he would be glad of a respite at odd moments.

Tom Granger was delighted beyond expression when he came out to Glen Cove to inspect the room offered him. And he liked the fact that the house was unoccupied all day except by a young man entirely engrossed with his paints and brushes.

"This night work's been getting me," he confided to Ronny, "and I felt I must at least sleep in the sea air if I'm to keep going until the tide of fame reaches me, or rather until I struggle nearer it."

"We're all in the same boat here," laughed Ronny. "My sister Alice goes in by an early train to fill her job in a subeditor's chair and works darned hard, too. I sell a picture about every six months so we manage to keep bread and cheese in the house."

The situation proved rather interesting in that Alice never had so much as a passing glimpse of their paying guest, and all Tom Granger's knowledge of Ronny's sister was through the brother's chat. There was the photograph Ronny had decorated the guest room with—a lovely head of Alice. Ronny adored sketching her dainty head.

"Saves me the price of a model," said Ronny and grinned.

"Saves you a good bit, I'd say—to get a model like that," said Tom.

Saturday afternoon was the only time that Alice could have met their guest, but she was so keen to get into her swimming costume and into her glorious sea that she seemed just to dart through the house and into the water. By the time she had finished her swim and returned to the cottage Tom Granger would be on his way to catch his train cityward. His Sundays were always spent with his family.

Two months went by and Ronny managed to put by a few dollars and thereby insure Alice a warm coat for the coming winter and possibly one for himself. Their paying guest's weekly ten helped.

"Ronny, I won't be home until the 9:50 tomorrow evening, as Jane insists on my coming up to her studio for supper—says I've deserted her entirely since we took on this summer home."

"Right," said Ronny. "I'll meet you and escort you safely home."

And when Alice hopped off the train that night and caught sight of Ronny she burst into laughter.

"Ronny, did you ever hear anything quite so funny? I went up to Jane's for supper and she most particularly wanted me to meet, and who do you think it was? Tom Granger!" And Alice went off into peals of amusement. But somehow Ronny got the idea right then and there that the meeting had been productive of all that Jane had hoped and that he himself had secretly hoped soon would happen.

"It beats the Dutch!" he laughed as he tucked Alice's arm within his and steered her home yard, "here you two have been living in the same house and eating your pick-up lunches from the same table and—well, it takes a stranger to introduce you."

And when Saturday came round again, Alice tried to be very casual about it but a soft color flamed in her cheeks as she said to Ronny:

"Mr. Granger is not going to spend this Sunday with his family—he thought it would be sort of nice—to have a swim with—us Sunday for a change."

Ronny grinned quite openly at her blush.

"My dear little sister," he suggested, "you'd better study grammar and learn to use the right pronoun when speaking to your wise brother. And besides, I have not been blind to the cat-like expression in Granger's eyes when he has been gazing at my exquisite drawing of—"

"I believe you and Jane have been trying to get me matrimonially entangled," said Alice.

"Humph!" "I don't need much trying," said Ronny.

## HUSH

The passerby stopped and looked at the man struggling vainly with his broken-down motor car.

"Excuse me," said the stranger, "but perhaps I can help you. There are one or two things I can tell you about your make of car."

The owner straightened himself up and looked at the other.

"Please keep them to yourself, old chap," he remarked, warningly; "there are ladies present."

## Taking an Awful Chance

Dolly Dimples (coquettishly)—Did you read Dr. Blackburn this morning when he stated that kissing is absolutely dangerous to health?

Donger Dan (recklessly)—Well, what do you say, Miss Dolly? Let's start an epidemic!

## ON THE BEACH



"May's gown makes a perfect fright of her."

"Yes; but outside of her costume she's a shapely and beautiful girl."

## Inequality of Things

Full of some dog of stunning style and pedigree without a fault is worth a thousand dollars, while its owner isn't worth his salt.

## Monologist Appreciated

"You often buy things you don't exactly need."

"Yes," answered the amiable lady.

"When a capable salesman appears, whether I think much of his wares or not, I feel as if so good a monologue ought to be worth something."

## Nothing to Fear

Mistress—The main thing here is honesty. The last maid stole the silver spoons.

New Maid—You needn't fear anything from me, ma'am. I'm on probation for a year for stealing at my last place.



With our heart full of gratitude, we wish to thank our friends and patrons of this community for the liberal patronage accorded us during

1930, and with the choicest Flowers and Plants we shall endeavor to merit your friendship and goodwill during 1931.

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Repair Work a Specialty.

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224 Lake Street, Fulton, Ky.

Patronize the advertisers in this paper.  
They are your friends and will give you the best values and service.

## It Always Pays to Plan Even a Lone Home Lunch

By JOSEPHINE B. GIBSON  
Director, Home Economics Dept.,  
H. J. Heinz Company

TOO often, women who are alone for the noon-day meal either neglect to eat anything, or just take a few bites of cold food and then hurry right back to their tasks. This is a serious mistake! A full noon hour of relaxation and rest—both mental and physical—is needed to avoid distressing fatigue at the close of the day. And the luncheon itself, no matter how light it may be, should include at least one hot dish.

It is amazing, too, what can be done to left-over food, in just a few minutes, to make it attractive and appetizing. Very often the refrigerator will yield a small quantity of food that requires only a bit of hasty "dressing up" to become just the dish that a busy woman requires for lunch.

Below are a number of recipes for one. Try them and see how easily they will suggest yet other ways to obtain a better noon-day meal for the woman who lunches alone!

Let us suppose you have some of these left-overs in the refrigerator:

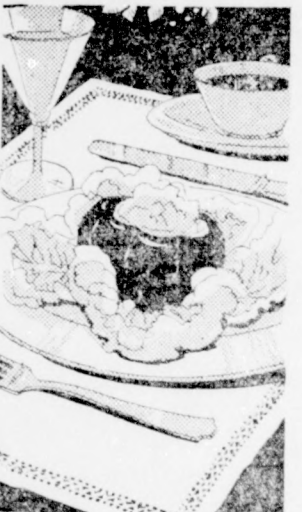
- 1 broiled meat cake
- 1 spoon Oven Baked Beans
- 1 serving cold roast pork or veal
- 1 spoon Cooked Spaghetti
- 1 serving cold broiled or baked ham
- 1 spoon apple sauce
- 1 serving Cream of Tomato Soup
- 1 sausage cake

Now for some successful ways to use these left-overs:

a. **Meat Cake with Tomato Sauce:** Pour a small can of Cream of Tomato Soup over the meat. Allow to simmer until the sauce is thick and rich, adding a few drops of onion juice and a small amount of thickening, if desired. Serve with hearts of lettuce and French or Mayonnaise Salad Dressing.

b. **Oven Baked Beans with Poached Egg:** Heat the beans, then place them on a slice of buttered toast, and top with a poached egg. Serve with whole wheat bread and fruit to make a well-balanced luncheon.

c. **Roast Veal or Pork Salad:** Chop the meat, season well with salt and pepper, and add an equal



amount of shredded cabbage, or celery. Moisten with Mayonnaise Salad Dressing and use as filling for a Stuffed Tomato Salad, or mound attractively in a nest of lettuce.

d. **Spaghetti with Bacon:** Fry several slices of bacon until almost crisp. Drain off almost all of the fat, add a spoon of Cooked Spaghetti, and cook until the spaghetti is heated through. Serve with a green salad.

e. **Scrambled Egg with Ham and Chili Sauce:** Chop the ham and combine it with 1 tablespoon Chili Sauce. Add to a scrambled egg when partially cooked, and stir gently until finished.

f. **Apple Sauce Betty:** Arrange alternate layers of Rice Flakes and apple sauce in a serving dish and serve with cream and sugar.

g. **Tomato Rarebit:** Heat Tomato Soup, add a small amount of grated cheese, and allow to melt over a slow fire. Stir in 1 beaten egg. Serve on a slice of buttered toast.

h. **Cuban Egg:** Chop a left-over sausage cake and add to it 1 tablespoon Tomato Ketchup. Heat in a skillet, add 1 beaten egg, and salt and pepper, and stir until cooked. Garnish with parsley and serve.



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## SHIFT YOUR DIGESTION INTO "HIGH"

By E. V. McCollum, Ph.D., Sc.D.

Author of "The Newer Knowledge of Nutrition," "Food, Nutrition and Health," etc., Professor of Bio-Chemistry, School of Hygiene and Public Health, Johns Hopkins University.

NATURE is an engineer, striving continuously and furiously to regulate the body's supply and elimination of food. The giant molecules of proteins, starches and fats, entering the nature's special laboratories, the stomach and small intestine, are there broken up into smaller fragments which can be absorbed into the blood and recombined to become part of our muscles, blood or organs.

But Nature, as the body's engineer, has another function equally important. It must protect the blood, muscles and organs from food fragments which are useless, unwholesome and more or less injurious. For beneficent Nature is not the only force with the power to break up the giant molecules of foods into smaller, usable fragments. Bacteria have the same power. But, like the work of evil workmen, the final chips produced from the big blocks by bacteria are of the wrong kind, and have no business in the blood stream.

How may we co-operate with Nature? First by eating clean foods and keeping the mouth clean. Then what enters the stomach will not be seceded with bacteria which decompose foodstuffs into things which are unwholesome. Next, we may exercise care in the keeping and handling of foods. Everyone knows that an inefficient refrigerator, careless handling, or staleness from any cause, will lead to the bacterial decomposition of foods. The resulting "indigestion," caused by the fermentation of such unwholesome foods in the intestine or stomach is, unfortunately, still more familiar.

## The Seat of Digestion

The person in normal health who eats clean and wholesome foods has a clean mouth, stomach and, usually, also a clean intestine in its upper half. But the large intestine is a different matter. That organ is likely to be found more and more the seat of rotting and fermentative processes which produce noxious and unwholesome products. In the large intestine or colon of most people large amounts of toxic products are constantly being formed. These are absorbed into the portal blood-vessel system and pass directly into the liver. The pollution of the blood with these somewhat poisonous products, and the ensuing detrimental effects on the liver, kidneys and body as a whole, have been stressed by many physicians.

Bad breath—that harbinger of the refined—is in many persons the result of impaired liver function, due to liver injury resulting from prolonged bathing of liver cells with a blood stream overloaded with putrefactive products. Up to a certain point the liver cells are able to destroy these. After this point is reached, the blood becomes saturated with them, and they are in part eliminated by the lungs. The result is bad breath.

We are constantly feeding into the blood another class of useless food fragments. Although not poisonous like the first, they are foreign matter and circulate as mere trash in the blood and lymph. They are created in the following manner:

When bread, rolls or other starchy foods are browned, as is the crust in baking, some of the surface molecules of starch are violently decomposed by the high tempera-



E. V. McCollum

ture. They are mangled or tattered. When such starchy foods are eaten and digested, there will be formed, principally, sugar molecules. But some of these sugar molecules may have attached to them the tags of those others which were mutilated by the high temperature of cooking.

## Waste Molecules

Now these mutilated molecules cannot be burned in the muscles as can normal sugar molecules. Such fragments are, therefore, not utilized for their energy or food value, but are merely excreted by the kidneys. Thus, in making toast, a relatively large number of starch molecules are so shattered or tattered as to become useless and foreign fragments circulating in the blood. In the frying of proteins also, some of the fat and protein molecules are injured, and it is for this reason that fried foods are not so wholesome as foods cooked in other ways. Indeed, it is questionable whether we should ever scorch the surface of our foods to any great extent.

These illustrations are given to help visualize the most important ways in which polluting substances may enter the blood. It is apparent that merely choosing clean and wholesome foods is not enough. We must assist Nature still further if we are to keep the alimentary tract clean and efficient. For Nature unaided has not been

able to make the intestine function efficiently in persons who eat largely of refined foods, who are physically inactive, or who are long confined to work requiring postures unfavorable to the functioning of the alimentary tract. In what other way, then, may we assist Nature?

## An Effective Aid

Eating the proper amount of indigestible cellulose is one of the most effective means of helping the intestine with its engineering operations. Of course, many other agencies have been devised to effect the same end. One, for instance, is the replacement of the putrefactive bacteria in the colon with certain milk-souring bacteria. These tend to form clean products from food residues and discourage the growth of those injurious microorganisms which normally abound in the colon.

Still another method, much used nowadays, is that of taking mineral oil. This is bland and non-irritating and is not absorbed into the blood. Therefore, it usually is considered harmless. But there are effects from its use which are not generally appreciated. The paraffin oil used is insoluble in water. It covers the food particles, waterproofing them, and preventing contact with the digestive juices. Digestion is thus hampered and delayed. And this delay in digestion is, as you shall see, a serious matter.

When paraffin oil is taken to promote elimination, the food is more effectively oiled than by ordinary fats, and stomach digestion is both delayed and decreased. Thus food entering the intestine is not prepared for the next steps in the digestive process.

It will then be readily understood that mixing an indigestible oil with the food causes digestion to be delayed and to take place farther down the intestine than if no oil were taken. Digestion thus goes on in a region where, in debilitated intestines, conditions are unhygienic and where more abnormal decomposition products are formed than is the case when digestion occurs higher in the tract. The use of mineral oil then enters the blood contaminated with useless and toxic material of bacterial origin. This is the significance of the delay in digestion caused by mineral oils.

## The Role of Cellulose

That this is recognized is shown by the fact that some recommend that the oil be taken between meals. But some of the promoters of paraffin oil for medicinal purposes insist that it is best taken with the food during the meal. This method of promoting intestinal hygiene by the use of mineral oil is based, I am convinced, upon an unsound principle. Intestinal regulation is best promoted by the use of a complete and wholesome diet containing bland and water-holding vegetable cellulose, which does not digest and therefore gives the intestine the right amount of bulky material, of a consistency favorable to transportation upon which to function mechanically.

## Community Building

## Trend to Beautification of National Highways

The highways have become America's playground, where millions of motorists spend their leisure hours in search of restfulness, beauty and charm. The necessity and demand for combining beauty with utility has become more pronounced with the growth of tourist traffic in recent years.

The application of purely utilitarian standards in highway construction meets engineering and economic requirements, but the motorist who seeks recreation in his automobile is cheated out of the natural beauty which belongs to him, the American Motorist's association declares.

There is a growing and insistent demand for beautification of national highways. California, Massachusetts and Connecticut have demonstrated how much can be done, at small cost, to beautify the roadways by judicious planting of native trees, shrubs and perennial flowers.

Congress already has recognized the need for highway beautification by authorizing expenditure of federal funds, in cooperation with the states, for roadside tree planting. This law was approved May 21, 1928, more than a year ago, but to date the bureau of public roads, which has charge of the fund, has not been asked to authorize an expenditure or to co-operate in a single roadside planting project.

## No Need to Sacrifice

## All Beauty for Utility

When our ancestors came to this continent they found it covered with the forest primeval, a spectacle whose beauty will never again be looked upon by human eyes. Civilization leveled the forests to make way for homes. That was unavoidable. Cities sprang up. They kept their trees until traffic congestion necessitated their removal. The greater part of the natural beauty one finds en route today is along the waysides beyond corporate limits. The preservation of this beauty from the blight of commercialization is essential to the preservation of the love of the beautiful in the nation, with its refining and humanizing influences. Gas stations and hot-dog stands may be necessary to feed motorists and motorists on the highway; but even they can be made attractive externally.—Detroit Free Press.

## Appearance Important

Regardless of how attractive the interior of a house may be, it is generally judged by the prospective buyer from its exterior appearance, and very often well-constructed houses, containing every imaginable feature as an inducement, are drugs on the market, simply because the builder gave little thought to the outside, generally speaking, the builder gives a great deal of attention to exterior details. With the keen competition in the dwelling field, the operative builder must be on his toes constantly, lest he wake up some morning and find that his operation which he thought was just right is not appealing to the buying public, which is not the same type that was so common ten years ago.

## Proper Care of Lawn

Begin to mow the lawn when the new grass is about three to four inches high. From then on, mow the lawn regularly, keeping it mowed to a height of two inches.

Mow frequently enough so that the clippings are short and may be left on the lawn. They dry up and settle around the root where they decay and form humus. If they are long they must be raked off, as heavy clippings left on the lawn smother the grass. Particular care must be taken not to leave long clippings on the lawn in wet weather.

## Citizens Asked to Help

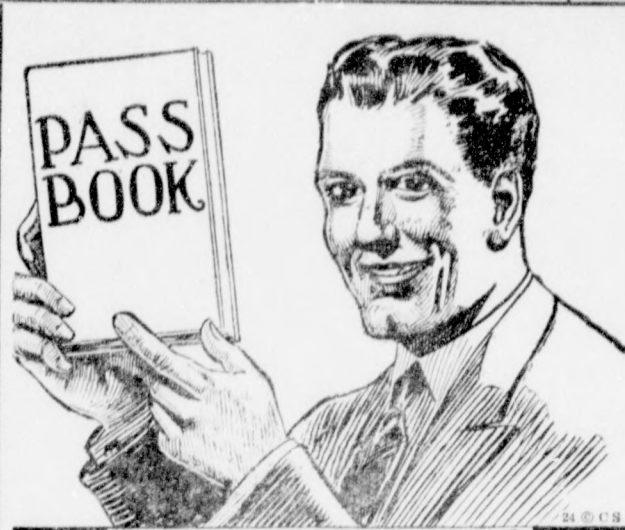
The park commission, named by the town council of Federalsburg, Md., to develop and beautify the municipal park grounds, donated to the town by Mayor T. H. Chambers, issued a general call for members with axes, saws, wagons and a willingness to work in an effort to have the 18 acres of ground, part of which is woodland, cleared ready for further beautifying and future use. The commission has planned for a roofed space for community gatherings and a swimming pool, with space for tennis courts and possibly a baseball field.

## Aims to Clean Streets

A non-partisan organization, called the Clean Streets by Clean Methods club, has been formed in New York city to keep the streets clear of the litter of papers, etc., that the public throws about. About 500 citizens have joined, including Mrs. Franklin D. Roosevelt, Mrs. Arthur Chaffin, Mrs. Kent Cooper, Mrs. Charles Austin Bryant, and Miss Adelaide Stedman.

## Build Home Wisely

One home in a lifetime is about all the average man builds. For that reason he should be certain that it is well built and of materials that will last. For reasons of economy he should be equally certain that his home is assured all the qualities of permanence that make for saving in maintenance costs and delay in deterioration.



## HAVE MONEY!

## Be Happy

It is hard to smile when you have no money and are in DEBT.

Debt wears and tears you. Keep out of it unless you have ample resources to Quickly Pay what you owe.

Always have a comfortable reserve of READY MONEY in the bank.

Then you can smile and work without worry and SUCCEED.

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Are what you want for your stock and Browder Milling Company is manufacturing them.

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Lucky Strike 24 per cent.  
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B. C. Mash.

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Economy Hog Feed.  
Mineral Mixture.

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Try a bag--the result will be pleasing.

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**In Case of Emergency**

When you want a thing in a hurry you rush to a local store and get it. But do you realize that the existence of our stores depends upon continued business.

If every person in this community were to use the stores only for emergencies there would soon be no more places to satisfy those urgent needs.

You should do your part towards keeping local business alive and in a constant state of betterment by doing all your trading at home. It will be profitable to you as well as to the entire community.

**The Best Buying Policy**

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MUTUAL INTEREST

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## Sunday Guests

Mr. and Mrs. Guy Gingles entertained the following guests at dinner Sunday: Dr. C. O. Gingles, Carmen, Okla., Dr. and Mrs. J. V. Stark, Kirksey, Ky., Dr. Hunter Gingles, Hardinsburg, Ky., Mr. and Mrs. W. P. Dulaney, Murray, Ky., Mr. and Mrs. Harry Dulaney, Lexington, Ky., Mr. and Mrs. Hugh Gingles, Kirksey, Ky., Miss Dulaney, Murray, Ky.

## WIFE, OF SCARE MAN IN DEAD OF NIGHT

"Overcome by stomach gas in the dead of night, I scared my husband badly. He got Adlerika and it ended the gas."—Mrs. M. Owen.

Adlerika relieves stomach gas in TEN minutes! Acts on BOTH upper and lower bowel, removing old poisonous waste you never knew was there. Don't fool with medicine which cleans only PART of bowels, but let Adlerika give stomach and bowels a REAL cleaning and get rid of all gas! Bennett's Drug Store.

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New  
Year

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Your first deposit makes you a member.

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You may enroll in as many classes as you like, in YOUR own name or in the name of others. **JOIN TODAY.**

CLASS 25—Pay 25c straight each week for 50 weeks and receive **\$12.50**

CLASS 50—Pay 50c straight each week for 50 weeks and receive **\$25.00**

CLASS 100—Pay \$1.00 straight each week for 50 weeks and receive **\$50.00**

CLASS 200—Pay \$2.00 straight each week for 50 weeks and receive **\$100.00**

CLASS 500—Pay \$5.00 straight each week for 50 weeks and receive **\$250.00**

CLASS 1000—Pay \$10.00 straight each week for 50 weeks and receive **\$500.00**

Plus 3% Interest for Prompt Payment

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Club  
NOW FORMING

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And be Sure of a Full Purse and a Merry Christmas

Make your loved  
ones happy next  
Christmas.

Start your Xmas Savings Club  
NOW.

### Fulton Advertiser

R. S. WILLIAMS  
Editor and Publisher  
Published Weekly at 446 Lake St.

Subscription \$1.00 per year

Entered as second class matter  
Nov. 25, 1924, at the Post Office at  
Fulton, Kentucky, under the Act of  
March 3, 1879.

#### Couple Wed Here Dec. 28.

Mr. H. H. Stephens and Mrs. Nannie Gates, both of near Fulton, were united in marriage Dec. 28 at the home of Rev. N. W. Lee of this city, who officiated in the presence of several friends of the contracting parties. They were accompanied by the following friends and relatives: Mrs. S. P. Moore, Mrs. T. J. Gates, Mrs. O. C. Wolverton, Mrs. H. L. Underwood and daughter Mozelle Mr. and Mrs. Lee Rucker, Mrs. Nailing and daughter Mary, Glenn Carver, and Mr. and Mrs. Gus Paschall. After the ceremony they went to the home of the groom's daughter, Mrs. Gus Paschall, where they spent the night.

They are at home at the home of the bride on Route 1.

The bride is one of the most highly respected women of her community and has a large circle of friends who will wish her all the happiness possible with the man she has chosen. The groom is a most estimable gentleman and numbers his friends by his acquaintances and will receive the good wishes of all for a long and happy married life.

#### DETROIT-FULTON TAXI

Call or see Albert Smith at Cafe for trip to Detroit, Thursday and Saturday. Leave Detroit Sunday and Tuesday.  
GIBBS TAXI CO.

Send the Advertiser to a friend one year—only \$1.00.

#### Community Dinner

A community dinner was given at the home of Mr. and Mrs. D. J. Peeples, in the Walnut Grove neighborhood, Friday. This was the second anniversary of the beginning of the dinner, the first having been a year ago. 56 persons brought dinner to the Peeples home. The object of the dinner is to stimulate community spirit and make people more neighborly.

#### Small Boy is Death Victim.

Vancil Bynum, 7 years of age, passed away Saturday morning at 1:30 at the home of his grandparents, Mr. and Mrs. Cyrus Vancil on Arch street. The cause of death was tetanus caused from an infected hand. The funeral was held Sunday at 1:30 p.m. in the Cumberland Presbyterian church, conducted by the pastor, Rev. L. F. McCoy, and burial followed at Walnut Grove in charge of Winstead-Jones funeral directors.

Little Vancil was an orphan child and was being reared by his grandparents and his death is a sad occurrence, as they were devoted to him.

#### Looney Child Passes Away

Billie Terrell, son of Mr. and Mrs. Bill Looney, passed away Friday at their home on Jackson street, aged one month. The funeral service was held at the family home, conducted by Rev. C. H. Warren and burial followed in Fairview, in charge of the Fulton Undertaking Co. The young parents have the sympathy of many friends in the loss of their little son, but it is one more tie in the heavenly home, where the little one is safe in the arms Jesus, and will be forever free from sorrow.

#### Sampson Determined to Carry Out Tax Extension Plan

Frankfort, Ky., Jan. 3.—Declaring that he will do everything in his power to carry out the letter and spirit of his recent moratorium extending for 30 days the time limit in which state and county taxes may be paid without penalty, Governor Sampson late today issued a statement asserting that, if necessary he would issue pardons remitting any fines and penalties imposed against the state auditor and sheriffs who cooperate to carry out the provisions of the extension.

"Nothing but lack of cooperation will keep this plan of relief from being carried out," the governor said.

Extension to February 1 of the time in which state and county taxes may be paid without penalty was ordered, the governor said, to give many taxpayers an opportunity to pay taxes without penalty this month, with proceeds of tobacco sales, and other sources of revenue.

Governor Sampson said that the pursuit of the regular course of levying penalties would "lose the state a vast sum of money, and discourage and destroy thousands of struggling taxpayers, farmers and unemployed persons whose property must be sold on a depressed market to raise taxes."

Under the moratorium, the governor added, the state "will collect thousands of dollars more than will come into the state treasury if penalties are enforced."

In an informal opinion, the attorney general's department declared that the governor was without authority to extend the time for payment of taxes, as the date is fixed by law. Attorney General J. W. Cammack today said he had not been requested by State Auditor Clell Coleman for a formal opinion.

### Warm Up Their Appetites by Passing These Peppers

By JOSEPHINE B. GIBSON  
Director, Home Economics Dept.,  
H. J. Heinz Company

GREEN peppers are an excellent, though often neglected, dish for the quick supper. Stuffed with corn, oven baked beans, cooked spaghetti or lettuce most peppers will provide a pleasant variety for the main dish. And only a cream soup, accompanied by another vegetable and a crisp salad, is necessary to complete a delicious, well-balanced meal.

Below you will find a few simple menus that demonstrate the possibilities of Stuffed Green Peppers as appetizers, and as short cuts for the busy home maker these brisk fall days.

*Cream of Pea Soup - Crackers*  
*Green Peppers Stuffed with Oven Baked Beans*  
*Creamed Cauliflower*  
*Confectionery Fruit Salad*  
*Pumpkin Pie*

*Baked Peppers Stuffed with Ham and Chili Sauce*  
*Creamed Potatoes*  
*Preserved Sweet Mixed Pickles*  
*Quick Cole Slaw*  
*Chilled Fruit Cup - Small Cakes*

*Baked Green Peppers Stuffed with Spaghetti*  
*Corn Pudding or Creamed Corn*  
*Waldorf Salad*  
*Pig Pudding with Sauce*

*Green Peppers Stuffed with Oven Baked Beans* - 6 large green peppers, 1 medium can cooked spaghetti, 2 cups beans, 1 medium onion, chopped fine. Pepper, 1 cup rice flakes, 1/2 cup onion, 1/2 cup tomato, 1/2 cup milk, 2 tablespoons butter, 1/2 cup chili sauce.

Mix ingredients thoroughly and stuff into halves of peppers which have stood for five minutes in boiling salt water. Bake for 30 minutes in a moderate oven (350 degrees F.).

*Baked Green Peppers Stuffed with Spaghetti* - 6 large green peppers, 1 medium can cooked spaghetti, 2 cups meat, 1/2 cup onion, 1/2 cup tomato, 1/2 cup milk, 2 tablespoons butter, 1/2 cup chili sauce.

Wash peppers, cut in half and remove seeds. Place in boiling water, turn off heat and allow to remain in water for five minutes. Cool and fill with spaghetti. Dust lightly with salt and cover with buttered crumbs. Place in casserole, add a small amount of water, and bake in a moderate oven (350 degrees F.) until peppers are tender and crumbs are nicely browned.



*Baked Peppers Stuffed with Ham and Chili Sauce* - 1/2 lb. cooked ham, 1 small onion, 1 small green pepper, 1 cup rice flakes, 1/2 cup onion, 1/2 cup tomato, 1/2 cup milk, 2 tablespoons butter, 1/2 cup chili sauce.

Mix ingredients thoroughly and stuff into halves of peppers which have stood for five minutes in boiling salt water. Bake for 30 minutes in a moderate oven (350 degrees F.).

*Baked Green Peppers Stuffed with Spaghetti* - 6 large green peppers, 1 medium can cooked spaghetti, 2 cups meat, 1/2 cup onion, 1/2 cup tomato, 1/2 cup milk, 2 tablespoons butter, 1/2 cup chili sauce.

Wash peppers, cut in half and remove seeds. Place in boiling water, turn off heat and allow to remain in water for five minutes. Cool and fill with spaghetti. Dust lightly with salt and cover with buttered crumbs. Place in casserole, add a small amount of water, and bake in a moderate oven (350 degrees F.) until peppers are tender and crumbs are nicely browned.

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COLDS and HEADACHES  
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## A Two-Dollar Dinner for Six

A RECENT dispatch to the New York Times stated that there are long queues of people in Moscow waiting to get dinners which cost two dollars at the principal hotels, because they find it cheaper to eat at them than to cook at home. Here is the menu for a dinner to cook at home which costs two dollars and serves six people.

**Fried Ham**  
with Sautéed Apricots 93c  
Macaroni and Onions au Gratin 24c  
Raisin Bread and Butter 15c  
String Bean Salad 30c  
Apple Brown Betty 33c  
Demi-tasse 3c

**The Main Dishes**  
Fried Ham with Sautéed Apricots: Fry one and one-half

pounds of smoked ham on a hot skillet. Remove to a hot platter. Drain half a No. 2 can of apricots and sauté until a nice brown in the ham fat. Place in a border around the ham. Gravy may be made of the remaining ham fat if desired.  
**Apple Betty:** Mix the contents of a No. 2 can of apple sauce, one-half teaspoon cinnamon and four tablespoons brown sugar. Melt four tablespoons butter, and add one cup of crumbs and one-half teaspoon grated lemon rind. Put a layer of the crumbs in a buttered baking dish, then half the apple sauce, more crumbs, the rest of the apple sauce, and top with the remaining crumbs. Bake in a hot oven, 400 degrees, until brown and crusty on top. Serve hot or cold with thin cream.

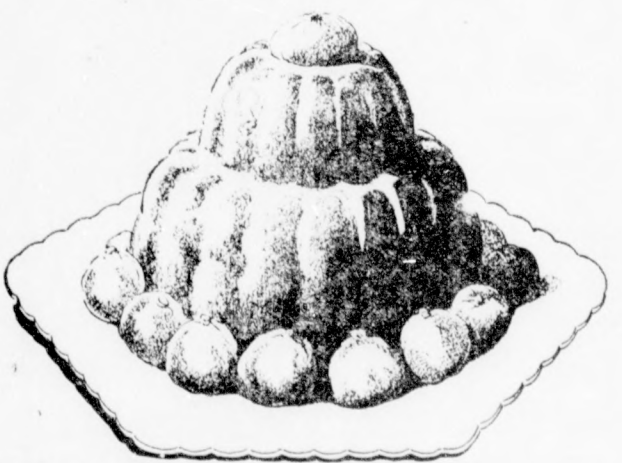
## To Protect Your Health



THE object of the Twenty-second Annual Convention of the National Canners' Association which is to assemble at the Hotel Stevens in Chicago on January twenty-first and continue in session until January twenty-fifth is primarily to exchange ideas on how to maintain and, if possible, improve the quality of the foods that are canned in this country. Every phase of the industry is discussed at this huge convention where more than eight thousand people, interested in the commercial canning business, gathered last year. In spite of the many major economic problems to be solved, exactly forty per cent of the formal addresses delivered at the various sessions of this Convention held in the same place last year were made by scientists from great Universities, experts from the

United States Departments of Commerce and Agriculture, home economics experts in touch with a multitude of housewives, and scientists who are working directly for the Association in its own elaborate research laboratories in Washington, D. C., Seattle and San Francisco.  
**Truth and Honesty**  
The spirit which rules this Convention was admirably expressed in a recent speech by a high official of one of the largest companies in the industry when he said:  
"The whole question of the nation's food supply is a most important one. In the food products industry lies a very great opportunity and an equally great responsibility. The basis on which canned foods must be presented to the public must be truth on the label—honesty in the can."

## A Fig For You



THE above expression used to be an insult. Now it's an invitation. For figs are one of the most delicious of fruits. Choice figs have been packed in cans for some time past, but it was not until recently that magnolia figs became one of the principal fruit crops of the Gulf Coast of Texas. The greater part of the fig output was until lately, packed in heavy syrups or as preserves, but a few canners have recently been packing their figs in a very light syrup for use as a breakfast fruit served with sugar and cream.

### How to Use Them

But figs have many other uses in addition to that as a breakfast fruit. They can be used in fillings,

in puddings and pies, in ice cream, in cakes, in cups, in custards, and also steamed and stewed. Here is the way to make fig pudding:  
Chop three ounces of beef suet, and work with the hands until creamy, then add a half pound of figs, finely chopped. The figs preserved in heavy syrup should be used in this recipe. Soak two and one-half cups stale bread crumbs in one-half cup milk, add two eggs, well beaten, sugar to taste, depending on the sweetness of the syrup, and three-fourths teaspoon salt. Combine the mixtures, turn into a buttered mold and steam three hours. Serve with hard sauce.  
But if you want to avoid all this mixing and steaming, you can buy delicious fig pudding already prepared and put up in a can.

## CAP AND BELLS



### FOR ALL OCCASIONS

The turn was over, and the orchestra was silent for a while.  
"I say," said the conductor, leaning down to speak to his first violin, "what ever key were you playing in?"  
"Skeleton key," returned the violinist readily enough.  
"Skeleton key?" echoed the conductor. "What ever do you mean?"  
"Fits anything," was the reply.

### Right!

He—You're so good at conundrums—try this.  
She—Sure go ahead.  
He—Take away my first letter, take away my second letter, take away all my letters, and I am still the same. What am I?  
She—That's easy. You're a mail-carrier!—Royal Arcanum Bulletin.

### The Eternal Feminine

"I've tried her with her bottle, her rattle and everything I can think of, but she still won't stop yelling," exclaimed the young mother of a three-month-old daughter.  
"Give her her compact, that's probably what she wants," suggested the wise young papa.

### Joy of Ill Health

Mrs. Blabber—You're looking very happy this morning. Have you had good news?  
Mrs. Gabber—Just wonderful. My husband has just had a nervous breakdown and we're going to Europe for the summer.

### DIFFERENT CIGARS



"That's a quarter cigar you're smoking, eh?"  
"Yes—a quarter cigar."  
"What's the material of the other three-quarters, do you know?"

**Endless Conversational Power**  
We still orate in manner bold  
Without the slightest sense of dread.  
No matter how much has been told,  
There's always more that can be said.

**Latest Car Out**  
Mrs. Bragg—My husband's car is the latest one out, you know.  
Mrs. Cutter—Yes, I've heard the neighbors complain that it wakes them up when he puts it in the garage.

**Wonderful Worker**  
Lola—Oh, daddy, Henry is such a wonder in his work. He just throws himself into everything he comes to.  
Daddy—Well, I wish the dumbbell would go hunting for wells or volcano craters.

**What Could Be Sweeter!**  
Brown—You look as cheerful as a grass widow after getting her first alimony check.  
Black—Why shouldn't I? My stocks are going up and my golf score down!

**Try Umbrella Test**  
"That man is so honest he wouldn't steal a pin."  
"I never thought much of the pin test. Try him with an umbrella."

### GREEK MYTHOLOGY



"What do those queer marks on Harry's slicker mean?"  
"I don't know dearie—it's all Greek to me!"

**The Good Old Days**  
Adam had his troubles.  
No doubt, in days of yore;  
But no one said, when he told a yarn,  
"I've heard that one before."

**His Saving Disposition**  
She—If you really loved me all the time, why didn't you let me know?  
He—I couldn't find a p-steward with the right words on it.—Stray Stories.

## His New Year's Resolution

—By—  
BLANCHE TANNER DILLIN



ELEN BENNET couldn't remember a dozen times in five years of married life that Grant had been on time for an engagement. They had been late for Christmas dinner at her parents' home. As usual Grant's infectious laugh had won forgiveness from her.  
She had hoped for the New Year's dinner at the older Bennets' home he would be on time—but there he was out in the garage making no move to be ready.

She would not stand it! By the time she decided to go without him and called a taxi her cheeks were flushed with indignation.  
A hastily written note, pinned to the radio, the first place Grant would go when he came in, informed him she had gone on without him. The taxi whirled away just as Grant came out to see why it had stopped before their house.

It wasn't only being late but the indifference that disturbed Helen. And then all of Grant's little faults presented themselves, so that by the time the taxi stopped at the door of the Bennets' Helen was enjoying an acute case of self-pity. It suddenly occurred to Helen that she would have to make some explanation for coming without Grant. So she decided on the truth. The family agreed with her that he needed a lesson.

As time passed Helen's anger cooled and the kind, thoughtful things Grant did came to her, and now she condemned herself as harshly as she had him.

Dinner waited as usual, although not so long as usual. But it was a strange Grant Bennet who stood in the doorway, his right hand raised, and solemnly announced: "I hereby resolve on this New Year's day, to try hereafter to be on time."

The tone convinced every one that he meant it.  
As they all went in to the delayed dinner Grant whispered to Helen: "That note gave me an awful shock, and the ride over here was too lone some to ever let that happen again. Never again, honey."

Helen gave him an affectionate squeeze and resolved to be patient with him.



## ...SUCCESSFUL HOMEMAKING

By GRACE VIAL GRAY

### SKILLET BISCUIT

There are two kinds of camp cooking—that which one enjoys simply because one is ravenous from the fresh air and exercise, and that which wins favorite favor on its own merit and would be just as delectable served in the home. In the latter class undoubtedly falls skillet biscuit, which



Girls love to make "skillet biscuits" with a self-rising flour when out camping. It's fun to "flip" them. It's also fun to make them with a prepared flour which is so easily handled out of doors.

is so quickly made that the most impatient appetite can wait upon it and so simple that even the amateur camp cook can achieve success. Another point in its favor is the fewness of the ingredients and utensils required.

Here's all you need: three cupsful self-rising flour (soft wheat flour that has the baking powder and salt already properly added and blended), three tablespoonfuls of fat and seven-eighths of a cupful of milk. If dried, evaporated or condensed milk is used in place of fresh, dilute according to the directions on the can until you have the equivalent of seven-eighths cupful of whole milk.

First mix the fat and flour thoroughly, either by cutting or rubbing. Then add the milk and mix quickly. Roll or cut, if that is not convenient, simply drop by the spoonful on a hot, greased skillet. When brown on one side, flip the biscuits and brown on the other. They must cook quickly. This recipe will make 24 biscuits, so let your appetites be your judge as to how many batches you're going to need!

Self-rising flour is the ideal flour for camping purposes. Time is saved because the baking powder and salt are already added in proper proportions at the mill.



We thank you generously for your sincere patronage during the past year and wish for you a Happiest and most Prosperous 1931.

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That's our Business.

Let us make that old piece of furniture look new and beautiful for you. We have the newest patterns.

We also make a specialty of upholstering and recovering automobiles at a low price.

## S. P. MOORE & CO.

Main Street, next door to Owl Drug Store.

## The cost is Small Wherever You call

Talking to out-of-town relatives or friends is the most pleasing and satisfactory means of communication. Telephoning is just like being there in person and the cost is surprisingly small. When using Day Station-to-Station service you can talk a distance of one hundred miles for approximately sixty cents and by using the same service after 8:30 at night you can talk that far for as little as thirty-five cents. The cost of talking greater distances is correspondingly small.

People everywhere are daily experiencing enjoyable chats with relatives and friends in other cities. You, too, can afford such pleasures. Remember "the cost is small wherever you call."

Southern Bell Telephone & Telegraph Co.

(Incorporated)





### WE'RE NOT BANKERS BUT—

Our long experience enables us to suggest the means by which you can enjoy the comfort of your own home and pay for it like rent. We have helped so many folks hereabouts to have their homes financed. Maybe we can serve you, too. After all, there's nothing like having a home of your own. Why not talk the matter of location and size and type of home over with us today. It will cost you nothing—and it's the first step toward your "Home of Dreams."

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### Old World Recipes By HELEN SCHAUFLER Domestic Science Expert

TO most of us means. Incredibly lovely bits of pottery, delicate color prints, gorgeous silks and intricately embroidered fabrics, along with fragments of lovely poetry. Many of us do not know that these ancient were also epicures of the highest order. We are under the impression that the Chinese have subsisted since before Confucius upon chowmein, chop suey and rice, with now and then a bird's nest soup. As a matter of fact, their diet presents a bewildering variety, ranging all the way from peacocks tongues to the most delicious pork dishes, recipes for three of which are given here.

**Pork Chops with Ginger**—Pepper loin chops and dredge in flour which has been mixed with one tablespoon of sugar. Sauté with a little fat until brown on both sides. Add to the chops, salt, one cup of



Helen Schaufler

water, one-half teaspoon of lemon juice and a small piece of preserved ginger for each chop. Cook uncovered until tender. Do not turn the chops.

**Roast Pork with Chestnuts**—Wipe four pounds of loin of pork. Pepper well and dredge with a little flour. Shell and peel two cups of chestnuts. Peel and cut into small quarters two cooking apples. (One cup of dried apples may be substituted). Boil these for five minutes in two cups of water with two tablespoons of sugar. When the roast has been in the oven for three-quarters of an hour surround it with chestnuts and apples. Pour the syrup over the whole. Baste frequently until pork is brown and tender.

**Pork Chops Baked with Pineapple**—Cover the bottom of a shallow baking dish with slices of fresh or canned pineapple. Sprinkle with two tablespoons of sugar. On top of these lay peppered pork chops. Place in a hot oven for ten minutes. When the pork fat has fried out a little, salt well and pour pineapple juice sweetened with one teaspoon of sugar over the chops. Bake from twenty to thirty minutes. Garnish and serve.

## Just Received the New Styles in Engraven Visiting Cards and Wedding Announcements.

We invite You to call and see them.

R. S. Williams

## DAIRY

### SPRING PASTURE IS NOT HARMFUL

North Carolina Finds Milk Is Richer in Butterfat.

It's mostly tradition, and not facts, that leads many dairymen to believe that the quality of milk depreciates when the cows are turned from the dry feed of the stable to the succulent green feed of the pasture.

"Yet we have a few dairymen and many consumers who believe this," says Fred M. Haig of the animal husbandry department at the North Carolina state college. "We have just completed a test with nine cows in the herd here at the college which shows that instead of the animals giving a lower quality of milk in the spring, it is materially richer in butterfat."

Last winter, Professor Haig selected nine cows and fed them cottonseed hulls as the sole roughage for a period of ten weeks. No succulent feed was given during the period. The average daily milk production was 20.0 pounds testing 4.64 per cent fat.

The cows were then changed from the hulls to corn silage and hay and, after giving time to accustom themselves to the change, the same data was again collected. With this feed, each cow of the nine produced 20.1 pounds of milk per day testing 4.88 per cent fat.

On May 4, the nine cows were turned on a rich pasture consisting of green wheat and crimson clover. Again they were allowed time to adjust themselves and the data again collected. The average daily production in this case was 21.29 pounds of milk each day testing 5.37 per cent fat.

Throughout each of these three tests, the grain ration remained constant and supplied a balanced ration. However, this shows that silage is better than the dry feed and a good pasture is better than silage. Professor Haig states that succulent feed is important in the dairy business not only for the maintenance of healthy cows but also for the amount and quality of milk produced.

### To Secure Best Results From Bull Feed Wisely

In order to secure the best results with the bull, it is necessary that he be fed very carefully in order that he does not become too fat and sluggish, therefore a poor breeder.

In feeding the mature bull, a very satisfactory grain ration can be made up of: One hundred pounds ground corn, 50 pounds wheat bran, 40 pounds oats, ten pounds oilmeal, five pounds bone meal.

It is not often that the bull will need more than two to four pounds of such a grain mixture per day before he is put to service. A two-year-old bull when in service will probably require a pound of such a grain mixture per day for each 100 pounds of live weight; therefore, if he weighs 1,500 pounds he would require 15 pounds of grain per day if in good condition; but if thin, would probably require 18 to 20 pounds per day while being used. Mature bulls should have just enough grain to keep them in good, vigorous condition but not too fat. Mature bulls often become slow breeders when they become fat.

As a general thing a limited amount of corn silage may be allowed to the mature bull, but generally not over a half feed such as 15 or 20 pounds per day. Along with the silage a mature bull can usually have all the alfalfa or clover hay he will eat without waste. Most authorities claim that heavy feeding of silage makes the bull a slow breeder.

### Dairy Notes

Good milk can be produced only with cleanliness in its handling.

Milk your cows immediately before instead of after feeding them and you will avoid off flavors.

Giving your dairy barn a good system of ventilation now means healthier stock and purer milk in the winter.

A bull pen where the bull can run in either a shed or out into an exercise lot is an excellent investment on any dairy farm.

Cowpea hay is an excellent feed for dairy cows, containing somewhat more digestible protein than alfalfa and clover and practically the same amount of total digestible nutrients.

Warmth and fresh air are primary needs inside a dairy barn. The most heat given off by the cows is the only practical means of providing warmth.

While cattle losses from tuberculosis have been cut in half in the past ten years, losses from contagious abortion have doubled in the same period.

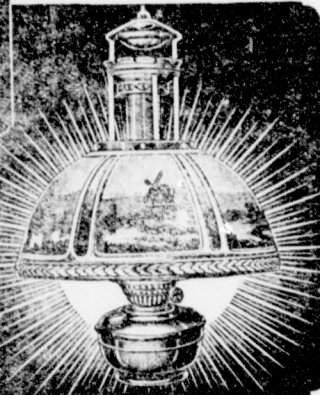
Good pasture, good hay, good ground grain will make a good cow do her best, provided you let her have plenty of good drinking water at all times.

## IMPORTANT Announcement of Interest to Every Home Without Electricity Opening Display and Sale of the New INSTANT-LIGHT ALADDIN KEROSENE MANTLE LAMP

NOW for the first time in homes where kerosene must be used for lighting, one may enjoy all the comforts and blessings of a perfectly lighted home. This is now possible thru the invention and perfection of the new Instant-light Aladdin kerosene Mantle Lamp—the lamp whose light is just like sunlight and even



The Aladdin can also be secured in Floor Lamp style, something new and here before unobtainable. The Aladdin Floor Lamp is equipped with beautiful parchment shades, and the metalwork is finished in gold and black, or gold and blue. It will modernize any kerosene lighted house.



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## The New Year and Evolution

By  
W. D. Pennypacker

IT WAS more than a quarter century ago that John, a young man then, saw the present century ushered in. As a man of mature years now, he looks back to that epochal midnight with interest.

It seems strange that that New Year's eve appeared different from any other in his life. And yet, the reason is not far to seek. There could be no other such midnight in all his life.

No other century would be ringing for him with such clamorous din of bells and whistles.

As he draws his chair close to the cheerful wood fire, the smoke from which has given the room an aroma as of resinous incense, he cannot but become reminiscent. Before him are mental pictures imprinted upon his mind twenty-nine years ago—pictures which the coming and going of many winters and the joys of as many summers can never efface.

For more than a decade prior to 1900, John, his parents, and groups of younger and older folk in a small town met for a social evening and remained to welcome in the New Year. It was in those old-fashioned times when young folks and their elders frequently spent social evenings together.

As John peers into the ruddy embers he wonders if such things could be possible now. He knows that parents and children are rarely if ever seen together now at social functions and that they are seldom seen at theaters or in church in the same groups.

"But we did it, anyway," he murmurs in a tone of somewhat suppressed wonder that it could ever have been possible!

And this is as he recalls it: The evening was cool and crisp; the sky bright and cloudless, the ground covered with snow, heavily crusted.

Consequently, he was not aware that this was different from any other night. Yet subconsciously he realized something was unusual. He might see many more New Year's eves—as, indeed, he has been privileged to do—but he would never again see the passing of an old century, with its great epochal struggles and momentous achievements, and the arrival of a new one with a clean slate upon which humanity must transcribe its record of accomplishment—what would the next one be?

White, and unmarked the page of an unwritten book—the year—spread before him. He was to be one of the world's billions of people to have part in transcribing a new record. The thought was impressive.

A broad grin sweeps his face, unnoticed by others in the room. The dim light and the crackling warmth of the fireside made all drowsy. Late

hours and wild festivities are no part of the present life of one who had reached adult life when the bells changed and whistles tooted, and horns blew, as 1900 was ushered in.

Children, and in some cases grandchildren are out in the wild jazziness of the night. Every one is doing it, he thinks, but himself. A world plansure-mad is seeing a new year's arrival amidst a gaiety and thoughtless frivolity that is astounding. It is all in the way we are brought up, he admits, to himself, and is broad-minded enough to recognize that with the turning of the wheel of time a gradual but none the less effective evolution has taken place. He is conscious that the young man and young woman of today—those of the dapper age he calls it—are as different in their thoughts and mental reactions as are our present highly bred domestic animals and their prehistoric ancestors of the Stone age.

As he takes another long pull on his friendly pipe there is a glow, followed by a dense cloud of smoke. The curling rings ascending in the half light of a lessening fire give the appearance of, and, in reality, cause the full effect of, dreaminess. His mind flies backward and he is again in the happy events and great accomplishments of the past.

How long John sleeps in the quiet room, while younger members of his family are out to welcome a New Year, we could not say. In the oppressive silence, the tick of the mantel clock can be heard distinctly. It's regularity would not suggest that a year is dying, nor would it suggest the joy of the coming of a New Year and the possibility of 1930 being one of earth's happiest New Years.

Save for the clock, all is silent. Then there is the outbreak of whistles, the din of tin horns and bells. For a moment, protracted into ten minutes or more the darkness of the night is rent with distracting noises.

John rouses with a start. His pipe has fallen to the floor, and the fire is out. He is still alone.

As he had dozed away John had, in fancy, been back in the old days. He had returned to his young manhood, and the big reception every one gave to the coming in of the new century. It is only another New Year now. Mileposts seem much closer than they did then. He has seen many of them—so many, in fact, that they mean little except to suggest in its widest sense, a common brotherhood of all mankind.

When Alice and Jack returned home in the wee hours the color was just coming into the eastern sky. They wished Dad a happy New Year—and they meant it sincerely—though, both were conscious that he belonged to a different epoch.

The breaking day, with an auspicious opening, was a happy one for the entire Ross family, and all were conscious that it marked more than a New Year—they sensed that it marked the beginning of another cycle in the evolution of the race.

After New Year's  
After New Year's the country can settle back to a long run of hard work with no disturbing influence until the appearance of the vacation literature.

Entitled to Cover Charge  
The farmer, having provided the viands for a dinner on New Year's eve, insists on inquiring why he cannot claim a share in the cover charge.

Improved Uniform International

## Sunday School Lesson

(By REV. P. B. FITZWATER, D. D., Member of Faculty, Moody Bible Institute of Chicago.)  
(©, 1929, Western Newspaper Union.)

Lesson for January 11

THE CHILDHOOD OF JESUS

LESSON TEXT—Luke 2:40-52.

GOLDEN TEXT—And Jesus increased in wisdom and stature, and in favor with God and man.

PRIMARY TOPIC—Ideal Childhood.

JUNIOR TOPIC—Growing up for God.

INTERMEDIATE AND SENIOR TOPIC—Responsibility of Youth.

YOUNG PEOPLE AND ADULT TOPIC—Living about the Father's Business.

I. Jesus Growing (v. 40).

While Jesus was as to his personality, God, yet his deity did not interfere with his development as a human being. The processes of his physical, mental, and spiritual growth were the same as those of any normal human being.

1. "Grew and waxed strong." It was necessary for his body to develop. His brain, nerves, and muscles must not only attain unto the proper size but must come to act in unison, become correlated.

2. "Filled with wisdom." As with most children his training was largely in the hands of his mother. She, no doubt, taught him to commit to memory Bible verses and taught him the great stories of the Old Testament, from the creation down through the patriarchs and prophets. It seems that it was customary among the Jews to send the child at the age of six years to the synagogue school, where the Old Testament was the textbook.

3. "And the grace of God was upon him." By the grace of God doubtless, is meant God's loving favor and tender care.

II. Jesus Tarrying Behind at Jerusalem (vv. 41-43).

At the age of twelve years the Jewish child took his place as a worshiper in the temple. He was then considered "a child of the law." Being thoroughly conscious of his mission, Jesus tarried behind and inquired into the meaning of the ordinances of God's house. His heart yearned for his Father.

III. Jesus Found in the Temple (vv. 44-47).

When his mother and Joseph had gone some distance on the homeward journey, they perceived that Jesus was not with them and sought for him among their kinsfolk and acquaintances. Not finding him, they returned to Jerusalem and found him in the temple.

1. He was sitting (v. 46). He was perfectly at home in his Father's house.

2. He was hearing the teachers of God's Word (v. 46), and was eager to learn God's will.

3. He asked questions (v. 46). His growing mind was inquisitive; it inquired after—reached out after—truth.

4. He answered questions (v. 47). His answers showed such great wisdom that he astonished those who heard him. It was the expression of the workings of a perfect human mind suffused by the Holy Spirit.

IV. Mary's Complaint (vv. 48, 50).

1. Her question (v. 48), "Why hast thou dealt thus with us?" She reproached with him for his behavior.

2. Jesus' reply (v. 49). He replied to her question in a dignified yet tender manner, but made no apology, thus indicating that he was more than merely the son of Mary. God was his Father.

3. Mary acquiesced in his revelation of himself (v. 51). She did not understand all these things, but she kept them in her heart.

V. Jesus' Obedience (v. 51).

Though he was fully conscious of his divine being and mission, he lived a life of filial obedience, thus teaching us that obedience to parents is pleasing to God, and a duty which will be discharged faithfully by those who have the spirit of Jesus Christ.

VI. Jesus' Development (v. 52).

1. Mental. "Increased in wisdom." Although the divine nature was united with the human, his mind was left free to develop normally.

2. Physical. He increased in stature. His body developed according to the laws of a normal human being.

3. Spiritual. He increased in favor with God and man. As his mind developed, and his apprehension of God became more comprehensive, the Divine Being could be more fully expressed through him, and as the perfect life was lived, men could recognize his superior qualities, and therefore, their hearts would open to him.

Christian Victory

To trust him and to keep the eye on him is the one secret of all Christian victory.—G. H. Morrison.

The Disease, the Remedy

"The law discovers the disease. The gospel gives the remedy."—Martin Luther.

Man's Religion

A man has no more religion than he acts out in his life.—Henry Ward Beecher.



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To half pint of water add one ounce bay rum, small box of Barbo Compound and one-fourth ounce of glycerine. Any druggist can put this up or you can mix it at home at very little cost. Apply to the hair twice a week until the desired shade is obtained. It will gradually darken streaked, faded or gray hair and make it soft and glossy. Barbo will not color the scalp, is not sticky or greasy and does not rub off.



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# PRINTING



**Fulton Advertiser**

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Entered as second class matter  
Nov. 25, 1924, at the Post Office at  
Fulton, Kentucky, under the Act of  
March 3, 1879.

**Employ 22,000 Men**

Detroit, Jan. 5.—Automobile  
factories in the Detroit area re-  
called 22,000 workers today.

The Rouge plant of the Ford  
Motor Co. recalled 6,500 men, the  
East Windsor plant of the Ford  
Motor Co. recalled 5,000 men;  
the Cadillac Motor Car Co. re-  
called 6,000 and the Buick Motor  
Co. plant at Flint recalled 4,500.

**Water Valley, Ky.**  
(Blair Vicinity)

Misses Corma Lee Cooley  
and Rebecca Robey spent Sun-  
day with Mr. and Mrs. A. G.  
Stewart.

Little Gene Stewart is on the  
sick list this week.

School at Blair School House  
opened January 5th. It is hop-  
ed the children enjoyed the  
holiday vacation and are ready  
now for some real work.

Miss Louise Stewart spent  
Saturday night and Sunday  
with Miss Faye Cooley.

Mr. John Boaz is moving to  
Mr. Enoch Morris' place.

Mr. Will Coleman is moving  
to Mr. John Robey's place.

Miss Mary Sook visited Miss  
Margaret Wilson last Sunday.

Mr. Leon Barber of near  
Martin, Tenn., visited relatives  
and friends in our midst a few  
days last week.

**JUNCTION NEWS**

Miss Louise Wolberton spent  
Saturday night and Sunday  
with Miss Christine Holt, of  
Fulton.

Miss Mary Fleming spent  
the week-end with Miss Mira  
Underwood, of Jordan.

Mrs. Hayden Donoho spent  
Saturday with Mrs. T. J. Reed.

Mr. and Mrs. H. H. Stevens  
spent Sunday with Mrs. Etta  
Nailing of Cayce.

Mrs. P. H. Holt and daugh-  
ter spent Sunday night and  
Monday with Mrs. O. C. Wol-  
berton and family.

Mrs. O. C. Wolberton spent  
Friday afternoon with Mr. and  
Mrs. Henry Sams of near  
Crutchfield.

Mrs. George Sams is spend-  
ing a few days with her daugh-  
ter, Mrs. O. C. Wolberton.

Miss Louise Wolberton and  
brother, Edward, spent a few  
days with their sister, Mrs. J.  
R. Satterfield, of Clinton.

Miss Mignon Newton of Mis-  
souri has been spending a few  
days with her sister, Mrs.  
Wade Scott.

Mr. and Mrs. H. H. Stevens  
motored to Fulton Saturday af-  
ternoon.

Mr. L. D. Brown of Riceville  
spent a few days with his  
grandparents, Mr. and Mrs.  
Hayden Donoho.

Hand us a dollar bill and  
get your name on the Advertis-  
er list as a regular subscriber.

**BILL BOOSTER SAYS**

SMALL SUM OF MONEY,  
COMPARED WITH YOUR  
RECEIPTS, WILL BUY AN AD  
IN EVERY ISSUE OF THIS  
NEWSPAPER FOR A YEAR. &  
BUY A REGULAR SPACE AND  
START BOOSTING FOR YOUR  
BUSINESS. IT WILL PAY YOU.

**Crutchfield News**

Our school is progressing  
nicely under the leadership of  
Prof. Cherry. He is ably as-  
sisted by Mrs. J. C. Sugg in the  
high school, and Miss Cherry,  
Mrs. Howell and Mrs. White  
in the grades. Miss Ruel Flip-  
po has a class in piano music.

Mrs. A. C. Boyd sold her  
house and lot here to T. O.  
Copeland and Prof. Cherry has  
moved to it and Mrs. J. D.  
Walker, whose house was  
burned has moved to the Mur-  
dough house vacated by Prof.  
Cherry.

After a pleasant vacation  
with home folks John M. Byrd  
has returned to Washington,  
D. C., where he is employed in  
the census department.

Mrs. Luther Veatch and  
daughter, Miss Magdaline,  
spent Saturday in Fulton.

Mr. and Mrs. R. M. Bellew  
of Fulton were the guests of  
Mrs. H. M. Kearby, Sunday.

Mrs. C. A. Turner and son,  
C. A., were in Fulton on busi-  
ness, Saturday.

H. N. Seat and Walter Nich-  
ols who are employed at Mem-  
phis spent the holidays with  
homefolks.

Mr. and Mrs. Uriah Hill  
have moved to the Mrs. Bob  
Elliott house.

Mr. and Mrs. Henry Mosely  
and son, Glenn Earl, of Para-  
gould, Ark., and Miss Kelpa  
May Gaskins, of Piggott, Ark.,  
drove over Sunday and spent  
the day at the home of Mrs.  
M. E. Byrd. They were ac-  
companied home by Miss  
Maud Bellew, who will be  
their guest for some time.

Alpheus Everett of Clinton  
visited his daughter, Mrs.  
Uriah Hill, this week.

**Route 1, Fulton**

(Ebernezer Community)

Miss Maxine Wade returned  
to Murray Sunday, after spend-  
ing the holidays with home  
folks.

Mr. and Mrs. R. S. Bransford  
and family were Sunday guests  
of Mr. and Mrs. S. B. Oliver.

Mr. and Mrs. Virgil Davis  
and daughter of Fulton spent  
Sunday with parents, Mr. and  
Mrs. J. B. Varden.

Mr. and Mrs. Otha Ham-  
mons were Sunday visitors at  
the home of Mr. and Mrs. Clif-  
ton Campbell.

Miss Irene Taylor spent the  
week-end with her sister, Mrs.  
Al Cruce, and family.

Mrs. Fred Evans and child-  
ren spent Friday and Satur-  
day with Mr. and Mrs. Henry  
Campbell of Cayce.

Mr. and Mrs. W. W. Koonce  
and family spent Sunday with  
T. O. Asbel and family.

J. G. Wade and family spent  
Friday with Coleman Evans  
and family.

Mr. Lee Richardson of Bow-  
ling Green, Ky., spent the  
week-end with his sister, Mrs.  
Thad Verhine.

Clifton Campbell and family  
have moved to the George  
Stone farm which they have  
bought.

Rev. A. E. Holt filled his  
regular appointment at Eber-  
nezer Sunday morning. There  
will be preaching at this place  
every third Sunday afternoon  
at 2:45 o'clock.

Mrs. Mittie Campbell is on  
the sick list at this writing.

Miss Mary Lois Koonce spent  
a few days of last week with  
her grand parents, Mr. and  
Mrs. T. O. Asbel, and family.

Sam Stone and wife have  
moved to the Usher farm near  
Willingham bridge.

Mr. and Mrs. Johnnie Wright  
spent the week-end with their  
parents, Mr. and Mrs. Clevia  
Wright, and family.

C. M. Lomax and Walter  
Corum were in Mayfield Mon-  
day.

Mr. and Mrs. Thad Verhine  
spent Sunday afternoon with  
Mr. and Mrs. Henry Campbell  
of Cayce.

Rev. and Mrs. A. E. Holt  
took dinner with Mr. and Mrs.  
A. G. Campbell Sunday, and  
he preached at Rush Creek  
Sunday afternoon at 2:45.

**DETROIT-FULTON TAXI**

Call or see Albert Smith at  
Cafe for trip to Detroit, Thurs-  
day and Saturday. Leave De-  
troit Sunday and Tuesday.  
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**McFadden News**

Mrs. Clara Chapman of De-  
troit, Mich., is spending a few  
days with her uncle, Mr. Jim  
Bard, and Mrs. Bard.

Mr. and Mrs. O. D. Cook  
and family spent Sunday with  
Mr. and Mrs. Linard Duke and  
family.

Quite a number of pupils  
have been absent from school  
for the past week, on account  
of illness.

Mr. James Martin Bard re-  
turned to the Murray State  
Teachers College Sunday, af-  
ter a two weeks' visit with his  
parents, Mr. and Mrs. Clevel-  
and Bard.

Mrs. John Daniels of Mem-  
phis, Tenn., returned to her  
home Sunday after a week's  
visit with her parents, Mr. and  
Mrs. C. J. Bowers.

Mr. and Mrs. Jake Smith  
spent Thursday with Mr. and  
Mrs. O. C. Wolberton.

Mr. and Mrs. John Walker  
and son, Webb, Misses Clevia  
and Mary Frances Bard and J.  
R. Powell, Jr., spent Sunday  
with Mr. and Mrs. T. H. How-  
ell and Mr. and Mrs. Herbert  
Howell.

Mr. and Mrs. Ben Hicks and  
family have moved to the Mr.  
L. M. Cook farm.

Mr. and Mrs. J. F. Bard and  
daughter, Lillian, and Mr. and  
Mrs. Sam Hodges and family  
spent Sunday with Mrs. J. R.  
Powell.

Mr. and Mrs. Joe Sellars  
spent Sunday near Clinton.

Mr. Luther Bradley and fam-  
ily have moved from the Cook  
farm to Mr. Justian Attebury's  
farm near Clinton.

Miss LaVerne Yates spent  
the week end with Mrs. Muriel  
Jones.



TASTY LUNCHEON DISH

Something a bit "different" for  
luncheon is always welcome to the  
housewife who finds herself getting  
into a rut in this respect. A happy  
suggestion is banana fritters served  
with lemon sauce. They are appetiz-  
ing and pleasant, yet substantial enough  
to constitute a one-dish meal.

The first step is to make the fritter  
batter. This is made by beating an  
egg with two tablespoonfuls of sugar  
and one tablespoonful of melted fat.



Banana Fritters are easily made  
with self-rising flour. Served with a  
lemon sauce they make a tasty lunch-  
eon dish.

Add two-thirds cupful of milk and one  
cupful of self-rising flour, sifted once  
and added slowly.

When the batter is ready, take six  
well-ripened bananas, remove the skins  
and fiber, and cut in halves length-  
wise and again crosswise, if large.  
Sprinkle with cinnamon and lemon  
juice and dip each piece of fruit sep-  
arately into the batter.

Drop into deep fat hot enough to  
brown a small cube of bread in one  
minute. Cook the fritter until a pale  
brown, then drain on unglazed paper  
and dust with confectioner's sugar.  
Serve with lemon sauce.

This sauce is made as follows: two  
tablespoonfuls of self-rising flour  
blended with two-thirds cupful of sugar.  
Add one cupful boiling water slowly,  
stirring well to prevent lumps from  
forming. Add the juice and grated  
rind of half a lemon and cook until the  
mixture thickens. Serve hot.

Self-rising soft when flour is used  
in these fritters because it is more  
economical. With it fewer eggs are  
necessary (use only one egg for each  
cupful of flour). Besides it is cheaper  
to have a miller combine the flour,  
salt and baking powder at the mill  
than for each individual homemaker  
to do so in the kitchen. The miller  
gives the user the advantages of  
wholesale carlot prices on these mate-  
rials. So self-rising flour is more  
economical to use in home baking and  
furthermore the results are more  
certain.

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