## A Western Kentucky Shantyboat Baby

## Gregg Andrews

On June 6, 1898, Josie May Carman came into the world aboard a shantyboat where the Mississippi and Ohio rivers merge near the far western Kentucky town of Wickliffe in Ballard County, just a few miles downriver from Cairo, Illinois. Her multiethnic parents left their farm shack for a shantyboat shortly before she was born. "He [William Carman] was a Cherokee Indian and my mother [Mary Cavitt Carman] was half-Seminole and half-black," Josie later recounted. Soon after her birth, her father moved the family upstream to a shantyboat colony on the Cairo riverfront. As she explained, "From the shack he and mother moved to the shanty boat, so that he could make a living fishing."<sup>1</sup>



Josie M. Black, photo, courtesy, The Paducah Sun, Feb. 7, 1969.

Due to Josie's multiethnic background, she endured a hard childhood in a troubled time of deep racism, racial segregation, and limited opportunities. After her mother and grandmother died within a short time of each other, six-year-old Josie went to live with Emily Hayes, a great-aunt who raised her and her siblings in Fulton, Kentucky on the Tennessee state line. Like her mother, great-aunt, and many women in shantyboat and other poor communities at the time, Carman later became a midwife.

After graduating from Fulton's county-run, segregated Milton School in 1916, Carman joined the Great Migration to northern cities such as Chicago, where she received vocational and nursing training. She paid her way by working as a chambermaid during the day and attending classes at night. "It was rough," she

<sup>1</sup> Quoted in The Paducah Sun, April 6, 1979, 7, and February 7, 1969, 14.



Josie Black 1898 - 1982

Josie M. Carman, undated photo, courtesy of the Fulton County Genealogical Society. remembered, "but that's the only way I could have made enough money to go to school."<sup>2</sup> For nurses who were defined by society as Black, it was hard to get jobs at the time. In 1923, Carman returned to Fulton as a private duty nurse and delivered her first baby. Her longest assignment in those years as a private nurse was in the home of Dr. George Major, a white physician whose four children were stricken with typhoid fever. "He couldn't get a white nurse to go," she recalled, "so he called on me as I already had typhoid fever."<sup>3</sup>

Her fee to deliver a baby was about \$5 in the 1920s and 1930s, but as she later reflected, "Lots of times I didn't get a nickel, everybody was awful poor then." In 1941, she became a licensed practical nurse and worked in the segregated health

care

system in Fulton. Still delivering babies at age 80, she outlived all of her children (5 of her own; 2 foster children, and 14 welfare children), as well as her husband, Carter Black, a longtime dining car cook on the Illinois Central Railroad. A member of Christ Church Holiness, Josie became an ordained minister at age 64. By 1979, she had slapped the rumps of an estimated 900 newborn babies along the Kentucky/Tennessee border in the Fulton/South Fulton (Obion County) area. Most, but not all of them, were



Josie M. Black, photo, courtesy, The Paducah Sun, April 6, 1979.

<sup>&</sup>lt;sup>2</sup> Quoted in *The Paducah Sun*, April 6, 1979, 7.

<sup>&</sup>lt;sup>3</sup> Quoted in The Paducah Sun, February 7, 1969, 14.

Black. "People have come to get me in buggies and wagons and taken me everywhere day or night, good weather or bad. . . I have never lost a mother and have had only three stillborn babies." The secret, she told a newspaper reporter three years before she died on November 23, 1982: "Know what you're doing; keep everything sterile, and if you don't know something, call a doctor."<sup>4</sup>

<sup>&</sup>lt;sup>4</sup> Quoted in *The Paducah Sun*, April 6, 1979, 7. She was buried in Fulton's Fairview Cemetery. See U.S., Find a Grave Index, 1600s to Current. See also the Fulton County Genealogical Society's "A Walk Through the Past," September 15, 2006, https://sites.rootsweb.com~kyfulcgs/walk2006/walk2006.html.