

Danielle York

Murray State University 20'

This topic was selected in the hopes of bringing awareness to music therapy and the positive benefits it can have on patients and their pain in a high stress environment. The evidence shows that music therapy can have a positive effect on patient outcomes and is a cost-effective measure that hospitals can easily implement. The education needed to implement this intervention would be geared toward patients that nurses could present to them upon pain report. The evidence proves that this is an efficient way to control patient pain and allow for a more relaxing environment.