

Murray State University Honors College

HONORS THESIS

Certificate of Approval

Voice Therapy Techniques for Male-to-Female versus Female-to-Male Transgender Individuals
and Stereotypical Gender Beliefs that Affect these Techniques

Bailey Lyman

December 2020

Approved to fulfill the requirements of HON 437

Alison Brown (Lecturer and Clinical Supervisor)

Approved to fulfill the Honors Thesis requirement of the Murray State Honors Diploma

Dr. Warren Edminster (Executive Director Honors College)

Examination Approval Page

Author: Bailey Lyman

Project Title: Voice Therapy Techniques for Male-to-Female versus Female-to-Male
Transgender Individuals and Stereotypical Gender Beliefs that Affect these Techniques

Department: Communication Disorders

Date of Defense: 22 April 2020

Approval by Examining Committee:

Alison Brown (Advisor)

Date

Susan Brown (Committee Member)

Date

Kelly Vaughan (Committee Member)

Date

Voice Therapy Techniques for Male-to-Female versus Female-to-Male Transgender
Individuals and Stereotypical Beliefs that Affect these Techniques

Submitted in partial fulfillment of the requirements for the Murray State University Honors
Diploma

Bailey Lyman

December 2020

Table of Contents

Abstract **1**

Introduction..... **1**

Literature Review **3**

 History and Definition of Voice Therapy for Transgender Individuals..... 3

 Reasons for Treatment.....11

 What is Voice Therapy for the Male-to-Female Client?.....14

 What is Voice Therapy for the Female-to-Male Client?.....19

 A Comparison of Voice Therapy for the Male-to-Female and Female-to-Male Clients.....22

 Social Biases and Stereotypes Based on Gender and Voice.....26

Conclusion.....**35**

References.....**39**