NEW TRENDS AT THE NUTRITION AND ONLINE MARKETS focused on the American and the Hungarian consumers

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Abstract
Understanding online consumer behavior is an important undertaking in the field of business. With the Internet becoming more popular and accessible, the relationship between companies and their customers has drastically changed. The sales process is becoming more of a two-way communication relationship but there are many differences between the American and the Hungarian markets.

Therefore, the objective of this study was to examine methods and procedures employed in the online nutrition market, based on the American and the Hungarian consumer. This research served to point out the possible methods and indications which allowed the integrated testing of performance on different channels. This part of our research was done via secondary data analyses. We used a quantitative method, involving online questionnaire analyses based on the Hungarian market.

Furthermore, our aim was to try to show the differences in the e-markets between these two countries. Part of my research was done via a qualitative method, using the individual depth interview from Hungarian marketing experts.

After finishing this research, we believe that the online market is in the heyday of youth until approximately 2018-2020. For this reason, we would like to continue this research, and our future plans are to observe, compare, and analyze changes in the way this develops.

We hope that we will have a chance to work further in online marketing research to discover new and useful trends.

Results

Main Differences and similarities of the Nutrition Behavior

<table>
<thead>
<tr>
<th>Differences</th>
<th>USA</th>
<th>Hungary</th>
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<tbody>
<tr>
<td>More meat: beef, pork, lamb, turkey and chicken (meat based) with rice and pasta</td>
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<tr>
<td>Rich but healthier sauces with paprika or tomatoes</td>
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<td>Snack foods: pancakes (stuffed) and pastries</td>
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<td>Hungarian consume a significant proportion of desserts and sweets</td>
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Figure 1. First online order N=107, N=107

Figure 2. Frequently of online purchase (2017) N=107, N=107

Figure 3. The most often shopped product and/or service (2017) N=107, N=107

Figure 4. Main differences between the two online markets

Conclusion

After analyzing the sample, I have got more differences than similarities.

The first and biggest variance between the two nationalities is the time. The American customers have got the opportunity to shop for anything online earlier. One consumer from my sample answered that he/she ordered something first in 1993 in a Hungary. For the same question was 2008.

The American customers are open to order anything online because they can return their ordered product in 45 days but the return time in Hungary is just 3 days. The most used devices are the same in both countries: cell phone and laptop.

The most often shopped product is retail or clothing in the USA. At the same time, the Hungarian customers just prefer to shop products online. A closer analysis online that they don’t use long term typically not more than one year long. For example, most of them picked meal delivery via the most often shopped product.

It was interesting to see that neither USA nor the Hungarian customers are open to have a virtual trip in the store with VR glass. To summarize, the American customers are much more open to order anything online than the Hungarians. Therefore, we gave the name ‘helpful consumer’ to the American customers and ‘weak consumer’ to the Hungarians.

Methods and Materials

Methods
1. More further researches and secondary data analyses
2. In-depth interviews – content analyses (n=16, 2018)
   - Questions were half-structured
3. Online questionnaires in Hungary (n=707, 2016)
   - Questions were been structured
4. Online questionnaire in the USA, at the Murray State University (n=107, 2017)
   - Questions were been structured

Materials
- American and Hungarian online customers.
- Age groups from 18 until 76 years

References

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